Operation Manual
Starting with serial number higher than 10,000
Fold out this page
Device description
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1. How to use the CPM device

1.1 Fields of application

**ARTROMOT®-K4** is a motor-operated **Continuous Passive Motion (CPM)** device providing motion to the shoulder joint.

Suitable for use in hospitals, clinics, general practices and rental services, it is an important supplement to medical and therapeutic treatment.

1.2 Therapy objectives

CPM therapy with **ARTROMOT®-K4** is mainly used to prevent the negative effects of immobilization, to allow patients to regain painless mobility of joints at an early stage and to promote healing and achieve a positive functional result.

Other objectives of therapy include:
- improvement of joint metabolism
- prevention of joint stiffness
- promotion of the regeneration and healing of cartilage areas and damaged ligaments
- faster hematoma/fluid resorption
- improved lymph and blood circulation
- thrombosis and embolism prophylaxis

1.3 Indications

The CPM device is indicated in the treatment of most injuries and diseases of the knee and hip joints as well as in the postoperative treatment after knee and hip joint surgery. Examples:

- joint distortion and contusion
- arthroscopy and arthroscopic procedures in combination with synovectomy, arthrolysis or other intra-articular interventions
- mobilization of joints in anesthetized patients
- operative treatment of fractures, pseudoarthrosis and corrective osteotomy
- cruciate ligament replacement or reconstruction
- endoprosthetic implants

1.4 Contraindications

Do **NOT** use **ARTROMOT®-K4** on patients with:

- acute inflammatory processes in the joints, unless on the order of a physician
- spastic paralysis
- unstable osteosynthesis
2. Description of the ARTROMOT®-K4

The motorized CPM device permits extension and flexion of the knee joint in the range of \(-10^\circ - 0^\circ - 125^\circ\)
and of the hip joint in the range of \(0^\circ - 10^\circ - 100^\circ\).

It can be used on either side, but requires a configuration change.

These are some of the ARTROMOT®-K4 features:
- programming unit for precise adjustment of patient-specific therapy values
- symbols for easy operation of the programming unit
- physiological movements
- anatomically correct setup

Biocompatibility
Those parts of the ARTROMOT®-K4 device that come into contact with the patient when the device is used as intended, are designed to fulfill the biocompatibility requirements of the applicable standards.

2.1 Description of the device components

Note:
Please fold out page 3!

1. Compartment for storage of programming unit
2. Footplate with patient kit
3. Knobs for ankle adjustment of foot inclination
4. Knobs for length adjustment of lower leg
5. Lower leg patient kit
6. Knee pivot point
7. Thigh patient kit
8. Thigh support
9. Knob for femur length adjustment
10. Hip axis pivot point
11. Locking pin for high adjustment of hip pivot point
12. Spare tube
13. Release tubes for square tube
14. Coiled cord
15. Hand-held programming unit
16. Power switch (ON/OFF)
17. Fuse cap
18. Connection for power cord
19. Connection for programming unit
20. Base
21. Knob for rotation of footplate
2.2 Description of the programming unit

2.2.1 Programming unit in normal mode

- current carriage angle
- therapy timer
- set flexion value
- set extension value
- current direction of motion
- selected therapy protocol
- parameter keys
- MENU key
- START key
- STOP key

ARTROMOT®

93°
5kp
10°
125°
2.2.2 Programming unit in MENU selection mode

- selected MENU level
- set carriage angle for internal / external rotation
- set extension value
- set flexion value
- parameters available for selection, corresponding selection keys

2.2.3 Programming unit in programming mode

- selected function
- status of the selected function (here: flexion angle)
- selected parameter (here: flexion)
2.3 Explanation of symbols

Also refer to symbol overview on page 29.

extension (stretching the knee)
flexion (bending the knee)
speed
warm-up protocol
extension pause
flexion pause
therapy timer
reverse on load feature for patient safety
transport setting
new patient
total therapy time
service menu
2.4 Explanation of symbols (connections and nameplate)

- Alternating current
- Protective earth connection
- Type B applied part
- Power switch OFF
- Power switch ON
- Refer to accompanying documents
- Do not dispose of product with unsorted household or municipal waste.
3. Safety information

Definitions
Read the safety statements before use of the CPM device. The safety statements are classified as follows:

⚠️ Danger!
This term indicates an imminent hazard. If not avoided, this hazard will result in death or serious injury.

⚠️ Warning!
This term indicates a hazard. If not avoided, this hazard can result in death or serious injury.

⚠️ Caution!
indicates a potential hazard. If not avoided, this hazard can result in minor personal injury and/or product/property damage.

Safety information

⚠️ Danger!
Explosion hazard —
ARTROMOT®-K4 is not designed for use in areas where an explosion hazard may occur. An explosion hazard may result from the use of flammable anesthetics, skin cleansing agents and disinfectants.

⚠️ Warning!
Patient hazard —
- Only authorized individuals are allowed to operate the ARTROMOT®-K4 device. Individuals are authorized after receiving training in the operation of the device and reading this operation manual.
- Before using the device, the operator must ascertain that it is in correct working order and operating condition. In particular, the cables and connectors must be checked for signs of damage. Damaged parts must be replaced immediately, before use.
- Before therapy, a test run consisting of several exercise cycles must be completed, first without and then with the patient. Check that all setting screws are tightened.
- Stop therapy immediately, when you have doubts about the device settings and/or the therapy protocol.
- It is important that the patient's position is anatomically correct. Check the following settings/positions:
  1. femur length
  2. knee joint axis
  3. lower leg length and rotational position of the leg
  4. patient kits
- Movements must not cause any pain or irritation.
- Patients must be fully conscious while being instructed in the use of the CPM device and during therapy.
- The choice of the therapy parameters to program and of the therapy protocols to use is restricted to the responsible physician or therapist. It is the physician’s or therapist’s decision whether or not to use the CPM device on a specific patient.

- The patient must be familiar with the functions of the ARTROMOT®-K4 programming unit and the unit must be within easy reach of the patient, allowing him or her to stop therapy, if needed. Patients unable to operate the programming unit, e.g. paralytic patients, must never be left unattended during therapy.

- All accessories used with the ARTROMOT®-K4 device must first be approved by ORMED.

- Do not allow parts of the body or any objects (such as blankets, cushions or cables) to get caught in the moving parts of the CPM device.

⚠️ Warning!

Shock hazard —

Strictly observe the following warnings. Failure to do so endangers the lives of the patient, the user and other persons involved.

- Before use allow the ARTROMOT®-K4 to reach room temperature. If the device has been transported at temperatures below 0 °C (32°F), leave it to dry at room temperature for about 2 hours, until any condensation has disappeared.

- The ARTROMOT®-K4 device must only be operated in dry rooms.

- When disconnecting the device from the power line, remove the plug from the wall outlet first, before disconnecting the cable from the device.

- When connecting the device to other equipment or when creating a medical system, check that the sum of leakage currents will not cause any hazard. Please contact ORMED, if you have questions in this matter.

- Do not use multiple portable socket outlets (MPSO) to connect the device to the power line. ARTROMOT®-K4 must be connected to a properly installed wall outlet with a non-fused earthed wire. Before connecting the power cord, it must be completely unrolled and placed such that it will not get caught in the moving parts of the device.

- Before cleaning and service interventions, disconnect the device from the power line by removing the power cord from the wall outlet.

- Liquids must not be allowed to enter the CPM device or the programming unit. If liquids have entered into the devices, ARTROMOT®-K4 must be immediately checked by a service technician, before it can be reused.
Caution!

Preventing chafing and pressure sores — If your patient is adipose, very tall or very short, be sure to prevent chafing and pressure sores. Place the leg concerned in a moderate abductive position, if deemed appropriate.

Warning!

Equipment malfunction —
- Magnetic and electrical fields are capable of interfering with the proper performance of the device. For this reason make sure that all external devices operated in the vicinity of the CPM device comply with the relevant EMC requirements. X-ray equipment, MRI devices, radio systems and cell phones are possible sources of interference as they may emit higher levels of electromagnetic radiation. Keep the CPM device away from these devices and verify its performance before use.
- Refer repair and maintenance to authorized persons.
- Route all cables below the device frame to either side, ensuring that they cannot get caught in the moving parts during operation.
- Inspect ARTROMOT®-K4 for damage and loose connections at least once a year. Damaged and worn parts must immediately be replaced with original spare parts by authorized staff.

Caution!

Equipment damage —
- Check that the voltage and frequency ratings of your local power line are those indicated on the nameplate.
- The leg support element withstands a maximum continuous load of 30 kg (66.13 lb).
- Do not allow any objects (such as blankets, cushions, or cables) to get caught in the moving parts of the CPM device.
- Do not expose the ARTROMOT®-K4 device to direct sunlight, because some of the components may reach inadmissibly high temperatures.
4. Device setup

Note: For a better understanding of each step, please fold out pages 3 and 34.

4.1 Connecting the device, performance check

1. Connect the power cord to socket (18) of the device and connect the mains plug to a wall outlet with a non-fused earthed wire (100 to 240 Volt, 50/60 Hz).
2. Connect the programming unit (15) to socket (19) of the device.
3. Turn the power switch (16) on.
4. Follow these steps to set the carriage to the home position:
   - Press the MENU button on the programming unit until you reach programming level 4.
   - Press the New Patient parameter key twice.
   - Press the START key. The CPM device automatically enters the home position.

If the programming unit can be operated as described above and ARTROMOT®-K4 enters the home position (for home position values, refer to section 5.3), the device has passed the performance check.

Note! Before you adjust the ARTROMOT®-K4 to the patient, you may have to convert the device for use on the left or right knee joint. (see section 6.3 Conversion)

− The message “ERR” and an error code (e.g. ERR 5) appear on the display.
In this situation, you may attempt to restart the device by turning it briefly off and on again with the power switch. If the error message persists, have the device inspected by a Service technician, before using it again.

Caution! Equipment damage

Connect only the original programming unit designed for the device in use. Any attempt to connect another programming unit to this device may cause damage.

4.2 Mechanical Settings

Performance check

If the programming unit can be operated as described above and ARTROMOT®-K4 enters the home position (for home position values, refer to section 5.3), the device has passed the performance check.

The device also runs performance checks regularly during operation. This is what happens, if a problem is identified:
− An audio signal sounds.
− The device switches off immediately.

1. Set the carriage to the home position (see 4.1) or to an angle that allows the patient to position the leg on the support without experiencing any pain.
2. To begin with, set the hip pivot (10) of the carriage to the patient’s hip pivot.
   - To do so, pull on the locking pin (11) of the height adjustment for the carriage hip pivot (10).
   - Then lift the insert for adjusting the height of the carriage hip pivot to the level of the patient’s greater trochanter.
   - Now re-insert the locking pin (11).
3. Adapting the carriage to the femur length (Fig. 2)
   - Press on the locking pin at the femur length adjustment (9) to release the lock.
   - Adjust the appropriate femur length (8).
   - Fix the setting by releasing the locking pin (9).

4. Adapting the carriage to the tibia length (Fig. 3)
   - Loosen the two fixation screws (4).
   - Adjust the appropriate tibia length. The setting should exactly match the length of the patient’s lower leg.
   - Tighten the screws (4) to fix the setting.

5. Adjusting the dorsal extension / plantar flexion position (Fig. 4)
   - Loosen the two fixation screws (3).
   - Set the foot plate (2) to an angle that is comfortable for the patient.
   - Tighten the screws (3) to fix the angle setting.

6. Adjusting the foot rotation position (Fig. 5)
   - Loosen the fixation screw (21).
   - Set the foot plate (2) to a rotation position that is comfortable for the patient.
   - Tighten the screw (21) to fix the setting.

4.3 Adjusting the Patient Kit

1. Using the Velcro tapes, attach the patient kits for lower leg (5) and thigh (7) to the frame of the motion element. (Fig. 6 and Fig. 7)
2. Now position the patient’s leg on the carriage and adjust the height with the help of the Velcro tapes and by repeating the steps at 1.

Ensure that the exercise will only be performed in a range of motion that does not cause any pain and provides maximum comfort for the patient.

Caution!

Equipment damage
Please do not try to pull out the femur length adjustment past the stop.

Caution!

Equipment damage
Please do not try to pull out the femur length adjustment past the stop.

Caution!

Patient hazard
Ensure that the rotational axes of the CPM device and of the knee joint coincide both in the vertical and in the horizontal plane (Fig. 8).
5. Setting the treatment values

⚠️ Warning!
Patient hazard —
Before therapy, a test run consisting of several exercise cycles must be completed without the patient. Then repeat the test run with the patient and check that the movement does not cause any pain.

Note: See also 2.2 and 2.3 as well as page 29!

5.1 General information on programming ARTROMOT®-K4

1. You activate the programming mode by briefly pressing the MENU key on the programming unit.

2. The treatment parameters and functions are allocated to four programming levels (four per level).

To be able to program a parameter you will have to access the corresponding programming level. This is also done with the MENU key. With each key press you advance one level. The code M1, M2, etc. that appears in the middle of the display indicates the programming level.

If you wish to return to the previous programming level (e.g. from level 3 to 2), press the MENU key and hold it pressed for a short time.

3. You activate the treatment parameters and functions with the four parameter keys below the display. The symbols above the four parameter keys indicate the assigned parameters and functions.

This is what happens when you press one of the parameter keys to select a parameter:

- The corresponding symbol appears on the display in a larger format.
- The set value is displayed.
- The symbol above the parameter key appears in reverse video.

4. With the + / - keys (plus/minus) you change the displayed value. When you press and hold the key, the value will change at a higher rate.

Some of the (special) functions can only be enabled and disabled. This is done by pressing the corresponding parameter key or with the + / - keys. Active parameters are identified with a check mark in the circle next to the symbol.

5. Then press the START key to start therapy.

If a special function is activated, the carriage will first move to the middle position. Press the START key again to start therapy.

Note!
- Refer to section 5.3 for a description of the parameters.
- To view the set parameter values, press the corresponding parameter key. However, this is only possible when you press the STOP key first.
- To prevent accidental changes of the parameter settings, lock the keys by simultaneously pressing the + (plus) and – (minus) keys.

by simultaneously pressing the + (plus) and – (minus) keys. Press both keys again to unlock.

- Emergency stop function: ARTROMOT®-K4 will stop immediately, when any of the keys is pressed during therapy. Patient treatment can be resumed by pressing the START key. The device will automatically change the direction.
To program the different settings of the ARTROMOT®-K4, access the respective programming level. You change between levels by pressing the MENU key repeatedly. The display always indicates the currently selected level.

The following treatment values, settings and information can be entered/viewed on the programming unit (15):

**LEVEL 1:**
- Extension (stretching the knee)
- Speed
- Warm-up protocol
- Flexion (bending the knee)

**LEVEL 2:**
- Extension pause
- Therapy timer
- Reverse on load (feature for patient safety)
- Flexion pause

**LEVEL 3:**
- Transport setting
- New patient
- Total therapy time
- Service menu

• You access the different programming levels by repeated depressions of the MENU key.
• You select the treatment parameters with the corresponding parameter key.
• You change the treatment values with the + / - keys and you enable/disable functions by pressing the corresponding parameter key again.
• You save the settings by pressing the STOP key.

**Note!**
It is possible to modify individual treatment parameters or all parameters together. If individual treatment parameters are modified, the settings of all other parameters remain unchanged.
LEVEL 1:

**Extension (stretching)**
- Maximum knee extension: -10 degrees
- Maximum hip extension: 10 degrees

**Flexion (bending)**
- Maximum knee flexion: 125 degrees
- Maximum hip flexion: 100 degrees

**Speed**
The speed can be adjusted between 1 % (0.3°/s) and 100 % (3°/s) in steps of 1 %.
Default: 100 %

**Warm-up protocol**
During warm up, the patient will slowly become used to the set maximum extension and flexion values, starting from the center position.

The warm up protocol starts in the middle between the two maximum values set for stretching and bending. With each cycle, the range of motion is increased, within 15 cycles the maximum value is attained.
Default: disabled

LEVEL 2:

**Extension pause**
Pauses occur at the extension limit, just before the bending movement starts. Pauses are adjustable in steps of 1 second between 0 and 30 seconds.
Default: no pause

**Flexion pause**
Pauses occur at the flexion limit, just before the stretching movement starts. Pauses are adjustable in steps of 1 second between 0 and 30 seconds.
Default: no pause

**Therapy timer**
Default setting is continuous operation.

A clock symbol in the upper right-hand corner of the display identifies the continuous mode of operation. The clock indicates the elapsed therapy time.

In the continuous mode, the device must be stopped with the STOP key.

However, the therapy timer can be set in steps of 1 minute to any value between 1 and 300 minutes. When the time has elapsed, the device switches automatically off and stops in the position – set extension-value +10°.
In this case, a circle replaces the clock symbol. The circle fills as the therapy time progresses.

**Reverse on load feature**

The device automatically starts moving in the opposite direction of the last movement when the patient’s resistance (load) exceeds the set value.

Adjustable levels for reverse on load feature: 1-25
- minimum setting 1 = 10 kp
- maximum setting 25 = 45 kp.

At 1/10 kp, very little resistance will cause the device to reverse; at 25/45 kp, a high resistance is required to initiate the reversal.
Default: 25/45 kp

*Note!*
- These values are approximate values.
- The force needed is measured at the frame around the foot.
LEVEL 3:

- **Transport setting**
  
  With this function, the carriage will move to a position optimally suited for packing the CPM device. Select the function and press the **START** key. The carriage moves to the transport position.

- **New patient**
  
  With this function, the CPM device will move to the home position, allowing the mechanical settings to be completed. Select the function and press the **START** key. The device enters the home position and existing therapy parameters will be deleted.

  The "new patient" function (home position) selects the following settings:
  - extension: 25 °
  - flexion: 35 °
  - speed: 100 %
  - warm up: disabled
  - extension pause: 0
  - flexion pause: 0
  - timer: continuous operation
  - reverse on load: 25/45 kp
  - total therapy time: 0

- **Total therapy time**
  
  The total therapy time is the added sum of operating hours.

  If the device is used by only one patient, this time is equivalent to the duration of all the patient’s therapy sessions.

- **Deleting the stored therapy time**
  
  Press and hold the parameter key for 5 seconds or select the New Patient function.

- **Service menu**
  
  For service purposes only, refer to Service Manual.

  **Reminder:**
  
  You save the selected parameter values by pressing the **STOP** key.

**Caution!**

Patient hazard — The reverse on load feature is a safety measure to protect the patient in the event of cramps, spasms, locked joints and similar situations. The manufacturer cannot be held liable for misuse of this feature.
6. Care, Maintenance

6.1 Care

⚠️ Warning!
Shock hazard —
Remove the power cord from the wall outlet before cleaning.
Shock hazard, equipment damage —
Liquids must not enter the device or the programming unit.

- ARTROMOT®-K4 can be disinfected by **wiping down** with a disinfectant. Thus, it complies with the special hygiene standards for medical technical equipment.
- **The enclosure** can be cleaned with common **disinfectants** and **mild household cleaning agents**.
- Only use a **damp cloth** to wipe the CPM device down.

⚠️ Caution!
Equipment damage —
- The plastic material used is not **resistant** to mineral acids, formic acid, phenols, cresols, oxidants and strong organic or inorganic acids with a pH value below 4.
- Use only clear disinfectants to prevent discoloration of the device.
- Do not expose the CPM device to strong ultraviolet radiation (sunlight) and fire.
- Do not use cleaning agents that contain chloride.

6.2 Maintenance (fuse replacement)

Check before each use
Visually inspect the device for signs of mechanical damage before each use.
If you detect damage or malfunctions that may impair the safety of the patient or of the operator, have the device repaired before using it.

Technical inspections
For safety, the devices require regular maintenance. To maintain the functional and operational safety, check all components for damage and loose connections at least once a year.
These checks should be performed by persons with adequate training and experience. Damaged and worn parts must immediately be replaced with original spare parts by authorized staff.
The device does not require additional regular maintenance.

Fuse replacement

⚠️ Warning!
Patient hazard, equipment malfunction and damage —
The replacement of fuses must be referred to specialists as defined in IEC 60364 or other applicable standards (e.g. biomedical technicians, electricians, electronics installers).
Before replacing fuses, turn off the ARTROMOT®-K4 and disconnect the device from the power line.
**Fuses used must be T1A fuses.**
Use an appropriate tool to remove the fuse holder situated between the power switch and the power connector (Fig. 1). Replace the fuses and reinsert the fuse holder (Fig. 2). Ensure that the fuse holder properly locks into place.

Fig. 1

Fig. 2

### 6.3 Conversion

The ARTROMOT®-K4 allows the patient’s knee and hip pivot to be adjusted once.

For this purpose, the carriage may have to be reconfigured from left to right.

With this reconfiguration feature, the anatomical accuracy of the carriage is outstanding.

1. To begin with, set the carriage to a knee angle of 80° to 90° (see also: 5.1) and stop it there.

2. Pull on the locking pin (11) for the height adjustment of the carriage hip pivot and remove the height adjustment from the carriage. (Fig. 9)

3. Hold the height adjustment. Remove the entire femur length adjustment (8) mechanism: To do so, open the bayonet lock by turning it a quarter revolution and pull the mechanism from the holding tube. (Fig. 10)

4. Attach the femur length adjustment mechanism on the other side. To do so, observe the instructions given at 3, reversing the order.

5. Now press the buttons (13) simultaneously and pull the length adjustment for the hip height adjustment from the carriage housing. (Fig. 11)

6. Then insert the length adjustment for the hip height adjustment into the carriage housing on the other side until you hear it engage.

7. Pull on the locking pin (11) for the height adjustment of the carriage hip pivot and reinsert the height adjustment into the holding tube. When the correct height is reached, release the locking pin to fix the set height. (Fig. 12).

### Note!

For the correct assembly and locking of the bayonet lock, please observe the sticker on the ARTROMOT®-K4.
7. Environmental Protection Statement

The product described in this operation manual must not be disposed of with unsorted household or municipal waste. It requires separate disposal.

Please contact ORMED or your local dealer for information about the possible recycling of the product.

8. Specifications

Input ratings: 100 – 240 V AC / 50 – 60 Hz
Current consumption: 850 - 370 mA
Fuses: 2 x T1A (slow-blow)
Protection class: I
IP degree of protection: IPX0
Applied part: type B
Max. load on carriage: 30 kg (66.13 lb)

Physical:
Length: 115 cm (45.28 in)
Width: 39.5 cm (15.55 in)
Height: 55 cm (21.65 in)

Adjustment ranges (min./max.):
femur range: approx. 32-50 cm (12.59-19.69 in)
lower leg range: approx. 39.5 – 56 cm (15.55-22.04 in)

Weight: 13 kg (28.66 lb)

Materials used:
ABS, POM (Delrin 100), PUR, PA, FR4, aluminum, stainless steel, brass
Steel: 1.4301; 1.4305; 1.4310

Standards
compliance: IEC 60601-1:1988
+ A1:1991
+ A2: 1995

Certification:
ANSI / UL 60601-1
CAN / CSA C22.2 No. 601.1

EMC
(electromagnetic compatibility)

Ambient conditions (storage, transport)
Ambient temperature: -24 ºC to +60 ºC (50 to +104 °F)
Relative humidity: 20 % to 85 %
Atmospheric pressure: 700 hPa to 1060 hPa

Ambient conditions (operation)
Ambient temperature: +10 ºC to +40 ºC (50 to +104 °F)
Relative humidity: 30% to 75%
Atmospheric pressure: 700 hPa to 1060 hPa

Subject to change without notice (10/07)

The ARTROMOT®-K4 device is subject to particular precautions regarding electromagnetic compatibility (EMC). The device must be installed and put into service strictly in compliance with the EMC directives put forth in the accompanying documents.

Portable and mobile RF communication systems may affect the ARTROMOT®-K4 device.

The ARTROMOT®-K4 device should not be used adjacent to or stacked with other equipment. If adjacent or stacked use is necessary, ARTROMOT®-K4 should be observed to verify normal operation in the configuration in which it will be used.

If you detect damage or malfunctions that may impair the safety of the patient or of the operator, have the device repaired before using it.

If it is necessary to replace assemblies or cables only the manufacturer's original parts may be used to ensure continued compliance with EMC requirements after repair. This requirement applies to the power supply unit, cables and cable lengths, drive unit consisting of the motor and the control system, the programming unit incl. the coiled cable and the connector.

9.1 Electromagnetic emissions

Guidance and Manufacturer's Declaration – Electromagnetic Emissions

ARTROMOT®-K4 is intended for use in the electromagnetic environment specified below. It is the responsibility of the customer or user to ensure that the ARTROMOT®-K4 device is used in such an environment.

<table>
<thead>
<tr>
<th>Emissions test</th>
<th>Compliance</th>
<th>Electromagnetic environment - guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>RF emissions to CISPR 11</td>
<td>Group 1</td>
<td>ARTROMOT®-K4 uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.</td>
</tr>
<tr>
<td>RF emissions to CISPR 11</td>
<td>Class B</td>
<td>ARTROMOT®-K4 is suitable for use in all establishments, including domestic and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.</td>
</tr>
<tr>
<td>Harmonic emissions to IEC 61000-3-2</td>
<td>not applicable</td>
<td></td>
</tr>
<tr>
<td>Voltage fluctuations/flicker emissions to IEC 61000-3-3</td>
<td>not applicable</td>
<td></td>
</tr>
</tbody>
</table>
9.2 Electromagnetic immunity

**Guidance and Manufacturer's Declaration – Electromagnetic Immunity**

ARTROMOT®-K4 is intended for use in the electromagnetic environment specified below. It is the responsibility of the customer or user to ensure that the ARTROMOT®-K4 device is used in such an environment.

<table>
<thead>
<tr>
<th>Immunity test</th>
<th>IEC 60601 test level</th>
<th>Compliance level</th>
<th>Electromagnetic environment – guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Electrostatic discharge (ESD) to IEC 61000-4-2</td>
<td>± 6 kV contact ± 8 kV air</td>
<td>± 6 kV contact ± 8 kV air</td>
<td>Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.</td>
</tr>
<tr>
<td>Electrical fast transient/burst to IEC 61000-4-5</td>
<td>± 2 kV for power supply lines ± 1 kV for input/output lines</td>
<td>± 2 kV for power supply lines ± 1 kV for input/output lines</td>
<td>Mains power should be that of a typical commercial or hospital environment.</td>
</tr>
<tr>
<td>Surges to IEC 61000-4-5</td>
<td>± 1 kV differential mode ± 2 kV common mode</td>
<td>± 1 kV differential mode ± 2 kV common mode</td>
<td>Mains power should be that of a typical commercial or hospital environment.</td>
</tr>
<tr>
<td>Voltage dips, short interruptions and voltage variations on power supply input lines to IEC 61000-4-11</td>
<td>&lt; 5% UT (&gt; 95% dip in UT) for ½ cycle 40% UT (60% dip in UT) for 5 cycles 70% UT (30% dip in UT) for 25 cycles &lt; 5% UT (&gt; 95% dip in UT) for 5 s</td>
<td>&lt; 5% UT (&gt; 95% dip in UT) for ½ cycle 40% UT (60% dip in UT) for 5 cycles 70% UT (30% dip in UT) for 25 cycles &lt; 5% UT (&gt; 95% dip in UT) for 5 s</td>
<td>Mains power should be that of a typical commercial or hospital environment. If the user of the ARTROMOT®-K device requires continued operation during power mains interruptions, it is recommended that the ARTROMOT®-K4 device be powered from an uninterruptible power supply or a battery.</td>
</tr>
<tr>
<td>Power frequency (50/60 Hz) magnetic field to IEC 61000-4-8</td>
<td>3 A/m</td>
<td>3 A/m</td>
<td>Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.</td>
</tr>
</tbody>
</table>

**NOTE:** UT is the a.c. mains voltage prior to application of the test level.
## 9.2 Electromagnetic immunity

**Guidance and Manufacturer’s Declaration – Electromagnetic Immunity**

**ARTROMOT®-K4** is intended for use in the electromagnetic environment specified below. It is the responsibility of the customer or user to ensure that the ARTROMOT®-K4 device is used in such an environment.

<table>
<thead>
<tr>
<th>Immunity test</th>
<th>IEC 60601 test level</th>
<th>Compliance level</th>
<th>Electromagnetic environment - guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Portable and mobile RF communications equipment are used no closer to any part of the ARTROMOT®-K4 device, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. Recommended separation distance:</td>
</tr>
<tr>
<td>Conducted RF to IEC 61000-4-6</td>
<td>3 $V_{\text{rms}}$ 150 kHz to 80 MHz</td>
<td>3 $V_{\text{rms}}$</td>
<td>$d = 1.2 \sqrt{P}$</td>
</tr>
<tr>
<td>Radiated RF to IEC 61000-4-3</td>
<td>3 V/m 80 MHz to 2.5 GHz</td>
<td>3 V/m</td>
<td>$d = 1.2 \sqrt{P}$</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>80 MHz to 800 MHz</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>$d = 1.2 \sqrt{P}$</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>800 MHz to 2.5 GHz</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>where $P$ is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and $d$ is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey $^a$, is less than the compliance level in each frequency range $^b$. Interference may occur in the vicinity of equipment marked with the following symbol.</td>
</tr>
</tbody>
</table>

**NOTE 1:** At 80 MHz and 800 MHz, the higher frequency range applies.

**NOTE 2:** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

- a) Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the ARTROMOT®-K4 device is used exceeds the applicable RF compliance level above, the ARTROMOT®-K4 device should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the ARTROMOT®-K4 device.

- b) Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.
9.3 Recommended separation distances

Recommended separation distances between portable and mobile RF communications equipment and the ARTROMOT®-K4 device

The ARTROMOT®-K4 is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the ARTROMOT®-K4 device can help prevent electromagnetic interferences by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the ARTROMOT®-K4 device as recommended below, according to the maximum output power of the communications equipment.

<table>
<thead>
<tr>
<th>rated maximum output power of transmitter W</th>
<th>separation distance according to frequency of transmitter m</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>150 kHz to 80 MHz</td>
</tr>
<tr>
<td></td>
<td>d = 1.2 \sqrt{P}</td>
</tr>
<tr>
<td>0.01</td>
<td>0.12</td>
</tr>
<tr>
<td>0.1</td>
<td>0.38</td>
</tr>
<tr>
<td>1</td>
<td>1.2</td>
</tr>
<tr>
<td>10</td>
<td>3.8</td>
</tr>
<tr>
<td>100</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>80 MHz to 800 MHz</td>
</tr>
<tr>
<td></td>
<td>d = 1.2 \sqrt{P}</td>
</tr>
<tr>
<td>0.01</td>
<td>0.12</td>
</tr>
<tr>
<td>0.1</td>
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<td>12</td>
</tr>
<tr>
<td></td>
<td>800 MHz to 2.5 GHz</td>
</tr>
<tr>
<td></td>
<td>d = 1.2 \sqrt{P}</td>
</tr>
<tr>
<td>0.01</td>
<td>0.23</td>
</tr>
<tr>
<td>0.1</td>
<td>0.73</td>
</tr>
<tr>
<td>1</td>
<td>2.3</td>
</tr>
<tr>
<td>10</td>
<td>7.3</td>
</tr>
<tr>
<td>100</td>
<td>23</td>
</tr>
</tbody>
</table>

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1: For calculation of the recommended separation distance of transmitters in the frequency range from 80 MHz to 2.5 GHz an additional factor of 10/3 was taken into account to reduce the probability of mobile/portable communications equipment brought into the patient environment by accident causing any malfunction.

NOTE 2: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

10. Contact

We would be happy to answer any questions you may have about our products and services.

- **ORMED international**
  Please contact your local dealer or the ORMED headquarters in Germany.

- **Headquarters Germany**
  Ormed GmbH & Co. KG
  Merzhauser Strasse 112
  D-79100 Freiburg - Germany
  Tel. +49/761/45 66-01
  Fax +49/761/45 66 55-01

- **Internet**
  www.ormed.de
  e-mail: info@ormed.de

- **Warranty:**
  2 years (mechanical parts)
  2 years (electronics)

- **Sales**
  Ormed GmbH & Co. KG
  Merzhauser Strasse 112
  D-79100 Freiburg
  Germany
11. Technical service

11.1 Technical Hotline

Do you have any technical questions? Do you need technical service?
Telephone: +49-180-5-1 ormed de
+49-180-5-1 67 63 33
Fax: +49-180-5-3 ormed de
+49-180-5-3 67 63 33

11.2 Shipment

To prevent damage during transport, only use the original shipping box. These boxes can be obtained from ORMED or from your local dealer.
Before packing the CPM device, set it to the transport position (see chapter 5).

11.3 Spare Parts

Refer to the Service Manual for the most recent list of spare parts. The Service Manual can be obtained from ORMED or from your local dealer.

When ordering spare parts, always specify:
- item
- Description
- Part number
- Qty
- Serial number of the CPM device

Note!
Refer repairs to authorized, specially trained staff.
Declaration of conformity

In compliance with the Council Directive 93/42/EEC of 14 June 1993 concerning medical devices, the company

ORMED GmbH & Co. KG
Merzhauser Strasse 112
D-79100 Freiburg - Germany

declares that the products of the product line

ARTROMOT® (see Annex)


With reference to Rule 9 of the Directive 93/42/EEC, these products are devices of risk class IIa.

Freiburg, January 4th, 2008

- QA Management Representative-

This certificate is valid through: January 4th, 2010.

Annex:

ARTROMOT®-S2 PRO
ARTROMOT®-S3
ARTROMOT®-S3 Comfort
ARTROMOT®-K1
ARTROMOT®-K2
ARTROMOT®-K2 PRO
ARTROMOT®-K2 PRO Chip
ARTROMOT®-K3
ARTROMOT®-K4
ARTROMOT®-SP2
ARTROMOT®-SP3
ARTROMOT®-E2
ARTROMOT®-E2 compact
Symbol overview ARTROMOT®-K4

**LEVEL 1**

- ![Extensio](stretching)
- ![speed](warm-up protocol)
- ![Flexion](bending)

**LEVEL 2**

- ![pause Extension](Therapy Time)
- ![reverse on load](feature for patient safety)
- ![pause Flexion](Therapy Time)

**LEVEL 3**

- ![transport setting](new patient)
- ![total therapy time](Service Menu)
Notes
Illustrations for device setup

Fig. 2

Fig. 3

Fig. 4

Fig. 5

Fig. 6

Fig. 7

Fig. 8