Before use, please read this document. Kinetec reserves the right to effect technical modifications.
**INDICATIONS**

- Knee replacement surgery.
- Fractures (patellar, tibia plateau, femoral,...).
- Arthrolysis.
- Hip surgery, including hip replacement, hip pinning, osteotomy,...).
- Ligament repairs.
- Arthroscopic surgery (menisectomies, patellectomies,...)
- Burns, joints sepsis,...

**CLINICAL BENEFITS**

- Breaks the cycle of trauma, inflammation and the loss of range of motion.
- Prevents joint stiffness.
- Speeds the recovery of post-operative range of motion.
- Maintains the quality of the joint surface.
- Reduces pain and edema.
- Promotes joint cartilage healing.
- Reduces hospitalization time
- Reduces the need for pain medication.
- Provides immediate post-operative continuous passive motion.

**CONTRAINDICATIONS**

Bone Cancer, Warped joint surfaces, Spastic paralyses, unstable fractures, Uncontrolled infection.
The machine is not adapted for patient’s height more than 1.95 m (6’4”) or under 1.50m (4’9”).
The machine is not adapted for patient’s weight less than 135kg (300Lbs) and more than 227kg (500Lbs)

**1 • DESCRIPTION**

KINETEC Prima XL unit is a Knee PASSIVE mobilization device enabling the extension and flexion movement from -5° to 115°.

- A - Lower limb support
- B - Thigh support
- C - Foot support
- D - Control panel
- E – Hand control

**2 • ELECTRICAL CONNECTION: SAFETY FIRST.**

KINETEC Prima XL unit is a type B class I device.
Plug the power cord (1) on the KINETEC Prima XL unit into a receptacle (Voltage between 100 to 240 Vac 50/60 Hz).

**IMPORTANT:** Before each use:
- Check that the electrical socket is in good condition and is suitable for the splint power supply cord. The latter complies with current standards and has a grounding socket.
- The plug may be connected to any standard socket.
- The socket must however have a grounded pin.
- To connect the power supply, only use the original cable supplied with the machine.
- Check that the cables remain free around the device so that they do not get damaged.
- Check that the unit is not damaged and principally the 2 green plastic covers.

**Fuse change**

Warning: Replace the fuse with one of the same type and value:
- on main socket, 2 fuses T 500 mA 250V (6.3x32)
- on power supply PCB, 1 fuse F 2 A 250V (5x20)
- on PCB, 1 fuse T1.25 A (5x20)
3 • SAFETY
The physician defines the protocol and ensures that it is correctly implemented (adjustments, session duration and frequency of use).

Make a complete cycle without patient before to install the patient on the unit.
The patient must know the start/stop/reverse function on the control handle.
Hand control must be accessible to patient at all times. (See below).
KINETEC Prima XL unit complies with Directive 93/42/CEE.

EXPLOSION HAZARD:
KINETEC Prima XL is not designed for use in the presence of flammable anesthetics.
In case of electromagnetic interference with other devices move the device.
KINETEC Prima XL unit is in compliance with standards in force (IEC 601.1.2),
electromagnetic compatibility standard for medical devices.
Please, do not touch the moving parts or static parts of the unit while the unit is running, pinching risk.

4 • STARTING THE UNIT
Turn on the power switch (2). The yellow light (3) on the control panel is on.

START / STOP / REVERSE function
The KINETEC Prima XL unit is fitted with a START/STOP/REVERSE function.
Press the button once, the machine starts
Press the button twice, the machine stops
Press the button a third time, the machine reverses direction.

IMPORTANT: for maximum safety, the hand control should always be given to the patient.

Adjusting the FLEXION and EXTENSION limits
Select the extension and flexion angles via button (4) for flexion and button (5) for extension.
Modification of the extension or flexion limit can be done while the machine is running or stationary.

Adjusting the SPEED
The SPEED is set by turning button (6).
At maximum speed, the machine moves at 145° per minute (for medium femur length).
At minimum speed, the machine moves at 40° per minute (for medium femur length).
Modification of the speed can be done while the machine is running or stationary.

5 • USE OF THE KINETEC PATIENT PAD KIT
The KINETEC Patient Pad Kit is designed for rapid fitting, optimal hygiene and maximum patient comfort.
- For using and positioning the straps, please refer to here under. Make sure that the self-adhesive parts are visible.
- Place the sponge side next to the skin.
For optimal hygiene, a new set of pads should be used for each patient.

CLEANING:
Disinfecting of the pads: Washing at 30°C with se of a disinfecting solution during the rising cycle.
Example of product that can be used: Solution “Baclinge” at 0.125 % or “Souplanios” at 0.125% from ANIOS Laboratory.
The KINETEC Prima XL unit is delivered with a complete set. Components:
- 4 straps - 1 foot support - 1 cover
6 • SETTING UP THE PATIENT
- Place the KINETEC Prima XL unit in a position that will be comfortable for the patient.

- Measure in cm or inches the length of the patient’s femur; adjust the thigh support to this measurement using knobs (7).

- Place the patient on the KINETEC Prima XL unit.

- Push the foot plate (C) up to the patient and tighten the knobs (8).

IMPORTANT
Adjust the axis of the patient’s hip with the axis rotation of the KINETEC Prima XL unit, and the axis of the patient’s knee with the axis rotation of the KINETEC Prima XL unit.

7 • POSITIONING THE FOOTPLATE
The articulated foot plate allows the positioning of the foot from 40° of PLANTAR FLEXION to 30° of DORSIFLEXION.

- The knob (9) allows positioning the foot in plantar flexion or dorsiflexion.

8 • MAINTENANCE
After 2,000 hours of operation, KINETEC Prima XL unit requires a few lubrication and maintenance operations (lubrication of the joints, pointer stops and ball screws). When the machine is switched on the yellow light blinks 5 times to indicate that the service interval has been reached. Despite that warning, you can continue to use your KINETEC Prima XL unit by pressing START, but you should contact your nearest KINETEC technician to have the maintenance operations conducted as soon as possible.

9 • CLEANING
Before conducting any cleaning operation, SWITCH the unit OFF and disconnect the power supply. In order to ensure optimal hygiene, you are advised to clean the machine for each new patient. Use a DISINFECTANT (PROpanol/ISOPROPANOL or ALDEHYDE-based solution). Spray the disinfectant on the SURFACES (plastic shells and metal components).

To clean the KINETEC hygienic pads, please refer to paragraph 5.

10 • ELIMINATION AND RECYCLING
a • Packing: Packing must be separated from the components plastic and paper/cardboard and given to the specific sites from recycling.

b • KINETEC PATIENT PAD KIT: To clean with a product of disinfection then to give it to the specific sites of recycling.

c • Prima XL unit: It contains electronic components, cables, aluminum, steel and plastic parts. When the splint is not operational any more, to dismount and separate in groups from materials and to give them to correct unit of recycling or to turn over the machine to Kinetec for destruction.
11 • TROUBLESHOOTING

A spare parts list and technical catalog are available to you on request from your KINETEC distributor.

If, after connecting the power supply cable to the power supply and switching on KINETEC Prima XL unit:
• The light is off:
  - Check that the electrical socket is live using another device.
  - Replace the fuse(s) of the connector (2) with fuses of the same type and caliber:
    2 fuses T 500 mA 250V (6.3 x 32).
  - If the led is still off, contact your nearest KINETEC technician.
• If the machine fails to operate but the yellow light remains on,
  - Press the START/STOP switch 1 more times.

Your KINETEC Prima XL unit still does not function: Contact your nearest KINETEC technician.

Your KINETEC Prima XL unit does not function and the led indicates:
- The LED blinks 1 time ➔ angle measurement function failure
- The LED blinks 2 times ➔ no movement
- The LED blinks 3 times ➔ abnormal consumption
- The LED blinks 4 times ➔ the motor PCB provides the energy but motor consumption is null.
- The LED blinks 5 times ➔ Service Time ≥ 2000h
- The LED blinks 6 times ➔ not enough power
- The LED blinks 7 times ➔ START/STOP switch failure.
Contact your nearest KINETEC technician.

12 • TECHNICAL SPECIFICATIONS

<table>
<thead>
<tr>
<th>Product</th>
<th>Electricity</th>
<th>Environment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight: 12.5 Kg (27 pounds)</td>
<td>Power supply: 100-240 V~</td>
<td>- Storage/transport conditions:</td>
</tr>
<tr>
<td>Splint dimensions: 94 cm (37 in) x 36 cm (14 in) x 33cm (13 in)</td>
<td>Frequency: 50-60Hz</td>
<td>Temperature: -40 to 70°C / -40 to 160°F</td>
</tr>
<tr>
<td>Angular limits: -5 to 115°</td>
<td>Power consumption: 50VA</td>
<td>Relative humidity: up to 90%</td>
</tr>
<tr>
<td>Speed: from 40 to 145° per minute.</td>
<td>Device of type B class I IP 20.</td>
<td>- Operating conditions:</td>
</tr>
<tr>
<td>Patient height: from 1.5 m (4.92 ft) to 1.95 m (6.40 ft)</td>
<td></td>
<td>Room temperature: 10 to 40°C/50 to 105°F</td>
</tr>
<tr>
<td>Patient maximum weight 227Kg (500Lbs)</td>
<td></td>
<td>Relative humidity: up to 80%</td>
</tr>
<tr>
<td>Patient leg’s maximum weight 40kg (90Lbs)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

13 • SYMBOLS USED

- Caution: (consult the accompanying documents)
- TYPE B device: (protection against electric shocks)
- STOP (power off)
- ON (power on)
- PCB is powered (12Vdc)
- Service
- Minimum SPEED
- Maximum SPEED
- FLEXION limit
- EXTENSION limit
- Contains electric and electronic components; not to throw in the dustbins of household refuse

14 • WARRANTY

The KINETEC warranty is strictly limited to the replacement free of charge or repair in the plant of the component or components found to be defective.

KINETEC guarantees its joint passive mobilization systems for 2 years against all defects of manufacture from the date of purchase by the consumer.

KINETEC is the only organization able to assess the application of the warranty to its systems.

The warranty will be considered null and void if the device has been used abnormally or under conditions of use other than those indicated in the user's manual.

The warranty will also be considered null and void in the event of deterioration or an accident due to negligence, inappropriate surveillance or inappropriate maintenance, or due to transformation of the equipment or an attempt to repair the equipment.

15 • OPTIONS

15.1 • 4665003297 • Trolley
15.2 • 4655001053 • Cart
**GUIDANCE AND MANUFACTURER'S DECLARATION**

## Electromagnetic emissions

The « KINETEC Primä XL CPM » is intended for use in the electromagnetic environment specified below. The customer or the user of the « KINETEC Primä XL » should assure that it is used in such an environment.

<table>
<thead>
<tr>
<th>Emissions test</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Radio electric-Frequency emissions CISPR 11</td>
<td>Group 1</td>
<td>The « KINETEC Primä XL CPM » uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.</td>
</tr>
<tr>
<td>Radio electric-Frequency emissions CISPR 11</td>
<td>Class B</td>
<td>The « KINETEC Primä XL CPM » is suitable for use in all establishments including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.</td>
</tr>
<tr>
<td>Harmonic emissions IEC 61000-3-2</td>
<td>Class A</td>
<td></td>
</tr>
<tr>
<td>Voltage fluctuations / Flicker emissions IEC 61000-3-3</td>
<td>Complies</td>
<td></td>
</tr>
</tbody>
</table>

## Electromagnetic immunity

The « KINETEC PRIMA XL » is intended for use in the electromagnetic environment specified below. The customer or the user of the « KINETEC PRIMA XL CPM » should assure that it is used in such an environment.

<table>
<thead>
<tr>
<th>Immunity test</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Electrostatic discharge (ESD) IEC 61000-4-2</td>
<td>±2 kV, ±4 kV, ±6 kV contact</td>
<td>±2 kV, ±4 kV, ±6 kV contact</td>
<td>±2 kV, ±4 kV, ±6 kV contact</td>
</tr>
<tr>
<td></td>
<td>±2 kV, ±4 kV, ±8 kV air</td>
<td>±2 kV, ±4 kV, ±8 kV air</td>
<td>±2 kV, ±4 kV, ±8 kV air</td>
</tr>
<tr>
<td>Electrical fast transient / burst IEC 61000-4-4</td>
<td>±2 kV for power supply lines</td>
<td>±2 kV for power supply lines</td>
<td>Mains power quality should be that of a typical commercial or hospital environment.</td>
</tr>
<tr>
<td>Surge IEC 61000-4-5</td>
<td>±1 kV between lines</td>
<td>±1 kV between lines</td>
<td></td>
</tr>
<tr>
<td></td>
<td>±2 kV between line and earth</td>
<td>±2 kV between line and earth</td>
<td>Mains power quality should be that of a typical commercial or hospital environment.</td>
</tr>
<tr>
<td>Voltage interruptions CEI 61000-4-11</td>
<td>&lt; 5% Ur (&gt;95% dip in Ur) for 5 seconds</td>
<td>&lt; 5% Ur (&gt;95% dip in Ur) for 5 seconds</td>
<td>At the interruption, there is a reset of the « KINETEC PRIMA XL CPM ». After turning on, push START to begin the session.</td>
</tr>
<tr>
<td>Voltage dips and voltage variations on power supply input lines CEI 61000-4-11</td>
<td>&lt; 5% Ur (&gt;95% dip in Ur) for 0,5 cycle 40% Ur (60% dip in Ur) for 5 cycles 70% Ur (30% dip in Ur) for 25 cycles</td>
<td>&lt; 5% Ur (&gt;95% dip in Ur) for 0,5 cycle 40% Ur (60% dip in Ur) for 5 cycles 70% Ur (30% dip in Ur) for 25 cycles</td>
<td>Mains power quality should be that of a typical commercial or hospital environment. If the user of the « KINETEC PRIMA XL CPM » requires continued operation during power supply interruptions, it is recommended that the « KINETEC PRIMA XL CPM » be powered from an uninterruptible power supply or a battery.</td>
</tr>
<tr>
<td>Power frequency (50/60 Hz) magnetic field IEC 61000-4-8</td>
<td>3A/m</td>
<td>3A/m</td>
<td>Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.</td>
</tr>
</tbody>
</table>

**NOTE :** Ur is the a.c. mains voltage prior to application of the test level.